



What to expect in 1st year in 2018 @LoretoFermoy...

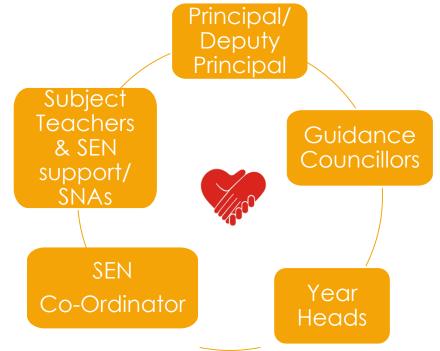
a parent & student guide



Our Care Team



- Care Team also includes the Year Heads to each group at our school.
- Weekly Care Team, SEN & Guidance meetings take place in order to support your daughter as she moves through our school community.
- Parents may contact subject teachers or Care Team members directly via school office if they need advice.



LORETO STUDENT WELLBEING & PERSONAL DEVELOPMENT - INDICATORS OF STUDENT WELLBEING -



- PERSONAL DEVELOPMENT THROUGH THE LORETO CORE VALUES -

JUSTICE

Responsible Right Relations Equal Opportunities Inclusive Challenging Nurturing Honest Respectful

FREEDOM

Open Broad Horizons Affirming Independent High Expectations Courageous Commitment Confident

TRUTH

Courteous Upright Loyal Spiritual Questioning Reflective Reliable Safe

SINCERITY

Authentic Encouraging Trustworthy Empathetic Honour Confidence Thoughful Kind Generous

Joy

Welcoming Belonging Enthusiastic Fun Gracious Celebration Participation Friendship

Who is supporting your daughter's transition to secondary school

- Parents/ Guardians talk to your daughter about her day Friends in Class day by day, the girls will get more comfortable in each other's company. New friendships are exciting!
- Subject Teachers see your daughter during her forty-two class periods per week
- Class Tutors (also your daughter's Social, Personal & Health Education teacher)
- Year Head liaises between subject teachers, tutors, students, Care Team & parents
- Youth Leaders trained Senior students acting as mentor for your daughter between September & Christmas
- Cairdeas group friendship group in each class
- School Care Team including Senior Management at our school
- Contact us we cannot help when we do not know!

Transition to Secondary School & Supporting Good Academic Progress

- > Your daughter will be very tired during the first half-term. This is absolutely normal!
- Other areas of learning: encourage your daughter to join 1st year Freshers' Club & other school activities to personal growth & friendship. Balance is important.
- Homework important to help your daughter to organise herself eg: timetable, packing her bag, organising materials for first few weeks. After-school study available at our school. Details available in early September each year.
- Check your daughter's school journal regularly school information section for reference & notes section for parents. Insist that she record her HW as a support to teachers & to you keeping in touch with her learning.
- Encourage her to work to the best of her own ability every Loreto girl has a totally unique set of talents

*OALs – Other Areas of Learning are noted on your daughter's Junior Cycle Profile of Achievement & she may only list areas participated with at or in connection with Loreto Fermoy.

Orientation ... first day ... first week... first term- 1st year!

- First day Tuesday 28th August in school by 8.40am for 8.45am start
- First week is WELCOME WEEK at our school introductions, getting to know each other with help from Youth Leaders, tours with map & timetable, meet your tutor, using your locker, understanding your timetable, organising my books, managing my PE gear, using my school journal, thinking about organising myself, sharing concerns, learning in practical classrooms. Support from your Year Head, Youth Leader, Tutor, teachers!
- No school on Wednesday 30th August organisation & rest day!
- Thursday 31st August timetable & teaching begins gently!
- Your daughter will not have any written homework over the first two weeks of term. This supports her learning to organise herself properly for each new day & allows her to rest each evening while she adjusts to new routine.
- ► Homework: 1-1.5hours per day across first year depending on class tests & house examinations
- House examinations: after October mid-term break SUPPORT NOT PRESSURE PLEASE!





2018-2019: 1st year calendar of key dates at Loreto Fermoy

- NB: SCHOOL WEBSITE CALENDAR <u>www.loretofermoy.ie</u> All dates listed & updated daily! Printable calendar for students & parents.
- Back to school Aug 28th!
- First year Mass Oct 2018 date tbc
- House exams 1: Nov 5th 9th 2018 Nov report via VSWare
- Annual School Mass for Advent: Dec 12th 2018
- 1st year Parent-Teacher meeting: Jan 16th 2019
- What to expect in 2nd year information night (incl subject choice): Jan 2019 – date tbc
- 2nd year subject choice deadline: Feb 1st 2019
- House exams 2: May 27th June 1st 2019 June report via VSWare

-	https://outlook.office365.com/owa/calendar/ Sware 😸 Esinet 🎔 Loreto Fermoy (@Lor 🕯					Rise Vision Digital S 🔽 My Videos :	on Vimeo 🔥 VSware Support 🛛 📃 Other b	hor
🖶 Print			• • • • • • • • • • • • • • • • • • • •				Calendar (Sha	aror
e Print							Copyright 2017 Microsoft Privac	SY.
< > Apr	ril 2018 ¥						Day Week Month	To
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Tuesday, April 24, 2018	
Apr 1	2	3	4	5	6	7	CBA 1 ASSESSMENT WINDOW IN 2ND YEAR S	sc
	WINDOW 2ND YEAR BUSINESS: BUSINESS IN ACTIV	DN		-			4 weeks 1 day SCIENCE CLASSES	
EASTER HOLIDAYS							1ST YEAR CAMOGIE BLITZ 1 day FERMOY	
	Easter Monday						9:25a WEEKLY GUIDANCE MEETING	
							40 minutes	
							1:30p WEEKLY SENIOR CARE TEAM MEETING	S
8	9	10	11	12	13	14	40 minutes	
CBA 1 ASSESSMENT	WINDOW 2ND YEAR BUSINESS: BUSINESS IN ACTIO	DN						
	GUIDANCE: 2nd & 3rd year stud	iy skills workshops						
	TY WORK EXPERIENCE & SOCIA	L PLACEMENT WEEK 1						
	SEC: IRISH ORAL EXAMS				8:50a BASKETBALL: 1ST & 2ND VEA			
	10:05a STH YEAR GUIDANCE W		9a WEEKLY JUNIOR CARE TEAM ME +2 +4	Confirmation: Kathcormac	1:30p SCHOOL CHOIR REHEARSALS			
15	16	17	18	19	20	21		
CBA 1 ASSESSMENT	WINDOW 2ND YEAR BUSINESS: BUSINESS IN ACTIO	DN						
GUIDANCE: 2nd & 3n	rd year study skills workshops							
	TY WORK EXPERIENCE & SOCIA	L PLACEMENT WEEK 2						
	SEC GERMAN ORALS SEC JUNIOR CERTIFICATE COOK	The practical C				ND YEAR SCIENCE - EXTENDED EXPERIM		
	SECJONIOR CERTIFICATE COOK		+2 +7		11:15a Presentation of Joe Ralph M 7 +	2		
22	23	24	25	26	27	28		
CBA 1 ASSESSMENT	WINDOW IN 2ND YEAR SCIENCE - EXTENDED EXPE	RIMENTAL INVESTIGATION (EEI)						
	8:45a TY Assembly	1ST YEAR CAMOGIE BLITZ		1:30p SCHOOL CHOIR REHEARSALS	CBA1 ASSESSMENT WINDOW IN EN	GLISH - ORAL COMMUNICATION		
	2:10p WEEKLY SPECIAL EDUCAT			1:30p STUDENT COUNCIL MEETING				
		1:30p WEEKLY SENIOR CARE TEAM	1 9:40a WEEKLY TEACHING & LEARNII 10:20a WEEKLY TY COMMITTEE PLA		11:15a TY MINI COMPANY BAKE SA 1:30p SCHOOL CHOIR REHEARSALS			
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29	30	May 1	2	3	4	5		
	WINDOW IN 2ND YEAR SCIENCE - EXTENDED EXPE	RIMENTAL INVESTIGATION (EEI)						
CBA1 ASSESSMENT V	WINDOW IN ENGLISH - ORAL COMMUNICATION							
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	2:10p WEEKLY SPECIAL EDUCATI	ION 9:30a Copy: DDLP Child Protection 1:30o WEEKLY SENIOR CARE TEAM		1:30p STUDENT COUNCIL MEETING	i 1:30p SCHOOL CHOIR REHEARSALS	<i>3</i>		
			+1 +4					
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- 1st year Booklist will be available on our website in coming days
- Books Available on Loan: details will be listed on booklists. These books will be available for duration of relevant study but parents will be asked to replace if lost or damaged
- School Expenses for services provided eg: lockers, school trips, ICT development, student Microsoft 365 account & parent VSWare account, practical materials used in class by students. Payment via VSWare parent account or in person at school office.
- Voluntary contribution is entirely voluntary but hugely appreciated! This contribution supplements cost of extra-curricular opportunities in school. NB: Different schools are funded at different levels by the Department of Education & Skills.

Attendance



Statistics prove the best attenders are happiest at school & achieve to their greatest potential.

Each class missed creates a potential gap in learning & understanding.

- Notes: notes from parent needed to explain <u>every</u> absence note templates in school journal. Note in <u>advance</u> if aware of upcoming absence eg: unavoidable medial appointment. Notes submitted to data office for recording on school systems.
- VSWare parent account attendance record of your daughter available for checking. Details will issue by text message soon! Support guide on our website.
- Tusla (Child & Family Agency) school reports all absences of 20 days or more in a school year. Students should not miss school routinely even a small number of absences at secondary level have an impact aim for perfect attendance.
- ▶ NB: All appointments where possible outside of school day.
- Please note: If appointment during school day occurs, parent /nominated adult (inform office) must collect daughter from school in person at Loreto & sign her out.



Uniform prepares students for world of work where uniform / dress code will be compulsory

- ▶ Navy school trousers/ green skirt (unaltered knee length & A-line shape) most students opt for trousers.
- Maroon jumper with Loreto Fermoy crest
- White shirt
- Black or <u>navy</u> flat shoes no brown please.
- ▶ Loreto PE red hoodie, plain white polo shirt, plain navy tracksuit bottom
- OPTIONAL ITEM: Green fleece may only be worn in class during v cold weather & not as a replacement for school jumper
- Please Note: you will be asked to replace any incorrect item of uniform next September.
- Department of Education & Skills guidelines are being fully implemented at our school & a full uniform review has taken place in consultation with parents, students, staff & BOM during 2017-2018 academic year.



- Parents: please insist upon your daughter wearing correct uniform
- Uniform prevents negative competition amongst students re labels & fashion choices
- Uniform is worn for 167 days of the year ie: amazing value for frequency of use!
- Facial jewellery is not permitted on health & safety grounds
- Make-up not appropriate for Junior Cycle students
- Provide your daughter with a note for Year Head & teachers if not in correct uniform
- Wear your uniform with pride as a Loreto girl, you are part of an international network of young girls & women. Be proud of this fact & act as an ambassador for your school.



A CCEPTABLE

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POLICY



ICT & Mobile Phones*

- ICT Acceptable Usage Policy reviewed 2017-2018 with parents, students & staff fully consulted. AUP supports keeping your daughter safe please support our policy. Advice for parents on ICT & internet safety <u>www.webwise.ie</u> Digital age of consent in Ireland is 13. Parents & students will be asked to sign the school AUP during Welcome Week in August.
- Phones: on 'flight mode' & out of sight unless requested to use by a teacher: from arrival at school to departure at end of day. No permission to use phones during breaks due to anti-social impact of this on friendship. School office available if phone call necessary to or from home. Please do not text or phone your daughter during the school day
- ▶ ICT access: your daughter will require her school username & password to access ICT in our school building.
- ICT software: your daughter will be issued with a Loreto Fermoy Microsoft365 Account for all school related ICT work & storage. <u>Other accounts may not be used</u>. Loreto Fermoy Microsoft 365 account will be accessible outside of school via cloud technology.
- Internet: we utilise the schools' broadband network which is filtered for age appropriate material.
- **GDPR:** personal data & your privacy is treated with respect & we monitor & review our practices in line with GDPR
- Please Note: if phone confiscated, it may be collected by parent during the school day or returned at end of school day to your daughter.
 - * Loreto Fermoy can bear no responsibility for loss, theft or damage to phones brought to school.

Weekly Curriculum at Loreto Fermoy



- ▶ 40 minutes classes: 9 classes Mon & Tues 8 classes Wed-Fri = 42 classes per week
- 1st Year Assembly/ Class organisation session with Year Head each Wednesday at 8.45 (compulsory)
- Small break: 15 minutes & Lunchtime: 30 minutes Mon & Tues 45 minutes Wed-Fri. Junior cycle students must stay on school premises throughout break & lunchtimes
- > After-school study: Only €1 per hour! Supportive environment for learning good study routine & habits
- Wellbeing subjects: PE , SPHE, CSPE, Philosophy (through RE class programme), ICT, Guidance, Choir & performance. Very important for personal & skills development & curricular balance for student
- Academic subjects: all other subjects sampled across 1st year with subject choices made in early February of 1st year.
- Short courses: Philosophy & Physical Education
- Other Areas of Learning: huge range of co-curricular & extra- curricular options!

Other areas of Learning @LoretoFermoy get involved!

Wide variety of activities available to each girl both during & after school. School calendar on website & school noticeboards!

Some examples include:

1st year Freshers' Club: varied activities throughout the school year during lunchtimes.

School choir	Hockey	Football	Rounders	Soccer		
Camogie	Basketball	Public speaking	Debating	Badminton		
Book & Film Club	Basketball	Student Council	Golf & Driving	Range		
Competitions & v	vhole-school events	Youth Empowering Soc	ciety (Social Justice) (Group		
Green Schools' C	Committee	Amber Flag group for N	Mental Health			
Loreto's Got Tale	nt Event	Christmas Spirit Do	ay Easter Egg Hunt	Yoga classes		
Miss-fit Gym club	– Strengthen & Tone, Pilat	es, High Intensity Interval	Training classes			
International Wor	men's Day Dress Up Day	1 st Year Sports Day (potted sports, dance, chant, banner)				
Show Racism the	Red Card Events	Hallowe'en Haunted H	ouse Event Folk	Group		
		ALL ACTIVITIES	ARE FREE!			







Junior Cycle Curriculum 2018-2020

LORETO SECONDARY SCHOOL, FERMOY, CO. CORK AN EXCITING JOURNEY IN EDUCATION

JUNIOR CYCLE key skills & statements of learning





The student

- 1 communicates effectively using a variety of means in a range of contexts in L1*
- 2 listens, speaks, reads and writes in L2* and one other language at a level of proficiency that is appropriate to her or his ability
- 3 creates, appreciates and critically interprets a wide range of texts
- 4 creates and presents artistic works and appreciates the process and skills involved
- 5 has an awareness of personal values and an understanding of the process of moral decision making
- 6 appreciates and respects how diverse values, beliefs and traditions have contributed to the communities and culture in which she/he lives
- 7 values what it means to be an active citizen, with rights and responsibilities in local and wider contexts
- 8 values local, national and international heritage, understands the importance of the relationship between past and current events and the forces that drive change
- 9 understands the origins and impacts of social, economic, and environmental aspects of the world around her/him
- 10 has the awareness, knowledge, skills, values and motivation to live sustainably
- 11 takes action to safeguard and promote her/his wellbeing and that of others
- 12 is a confident and competent participant in physical activity and is motivated to be physically active
- 13 understands the importance of food and diet in making healthy lifestyle choices
- 14 makes informed financial decisions and develops good consumer skills
- 15 recognises the potential uses of mathematical knowledge, skills and understanding in all areas of learning
- 16 describes, illustrates, interprets, predicts and explains patterns and relationships
- 17 devises and evaluates strategies for investigating and solving problems using mathematical knowledge, reasoning and skills
- 18 observes and evaluates empirical events and processes and draws valid deductions and conclusions
- 19 values the role and contribution of science and technology to society, and their personal, social and global importance
- 20 uses appropriate technologies in meeting a design challenge
- 21 applies practical skills as she/he develop models and products using a variety of materials and technologies
- 22 takes initiative, is innovative and develops entrepreneurial skills
- 23 brings an idea from conception to realisation
- 24 uses technology and digital media tools to learn, communicate, work and think collaboratively and creatively in a responsible and ethical manner

EG: ENGLISH key skills & statements of learning



NCCA Home » Junior cycle » Junior Cycle Subjects » English » English and Key Skills

In addition to their specific content and knowledge, the subjects and short courses of junior cycle provide students with opportunities to develop a range of key skills. This course offers opportunities to support all key skills but some are particularly significant. The examples below identify some of the elements that are related to learning activities in English. Teachers can also build many of the other elements of key skills into their classroom planning. The 8 key skills are set out in detail in <u>Key Skills of Junior Cycle</u>

Key skill	Key skill element	Student learning activity
Being creative	Imagining	Students will engage frequently with literary narratives and will compose imaginative narratives of their own.
Being literate	Growing my understanding of language	Students will deepen their critical awareness of language, leading to rich enquiry into texts in all their forms. They learn to read with fluency, understanding and competence, using a broad range of comprehension strategies. They engage in purposeful planning, drafting and writing in a variety of different genres and show increasing awareness of audience and style.
Being numerate	Gathering, interpreting and representing data	Students gather data through questionnaires, surveys and personal records. They present their findings in different formats and to different audiences. They learn to recognise language patterns in literary and non-literary texts.
Communicating	Listening and expressing myself Discussing and debating	The English classroom is a place of talk and discussion. Students enjoy frequent opportunities to debate, to adopt a point of view and defend it. They learn to communicate by writing in a range of forms and for many purposes.
Managing information and thinking	Gathering, recording, organising and evaluating information and data	Students plan for and conduct an investigation into a chosen contemporary issue, leading to the production and presentation.
Managing myself	Being able to reflect on my own learning	Students manage the development of a portfolio of personal writing, which they build up over time. Through this they learn to see writing as a process to learn about and refine.
Staying well	Being confident	In oral language, reading and writing students develop a sense of audience and purpose through the opportunities they have to present to and for others.
Working with others	Co-operating	Students collaborate with others to explore and discuss views on a range of fexts and contexts.

Statements of Learning

responsible and ethical manner

NCCA Home » Junior cycle » Junior Cycle Subjects » English » Statements of Learning

The statement	Examples of relevant learning
SOL 1. The student communicates effectively using a variety of means in a range of contexts in L1	Students will participate in a wide range of language activities to develop their oral and written communication in a wide variety of contexts and forms.
SOL 3. The student creates, appreciates and critically interprets a wide range of texts	Students will engage critically with texts in a wide range of forms, to understand and respond to their content, and to enrich their own spoken and written output.
SOL 4. The student creates and presents artistic works and appreciates the process and skills involved	Learning from artistic works with which they engage, students will create a range of texts in narrative and aesthetic forms.
SOL 6. The student appreciates and respects how diverse values, beliefs and traditions have contributed to the communities and culture in which she/he lives	Students will encounter diversity through wide reading and will learn to appreciate the significance of diversity through discussion and reflection.
SOL 16. The student describes, illustrates, interprets, predicts and explains patterns and relationships	Students will learn—through the study of texts produced by others and through the creation of texts of their own—the significance of patterns and structures and the centrality of relationships in expression and communication.
SOL 23. The student brings an idea from conception to realisation	Students will engage in planning and development, by themselves and in collaboration with others, to bring an extended piece of work to fruition over time.
SOL 24. The student uses technology and digital media tools to learn, communicate, work and think collaboratively and creatively in a	Students will engage critically with texts in a wide range of formats. They will explore the potential of technology to create texts that are rich

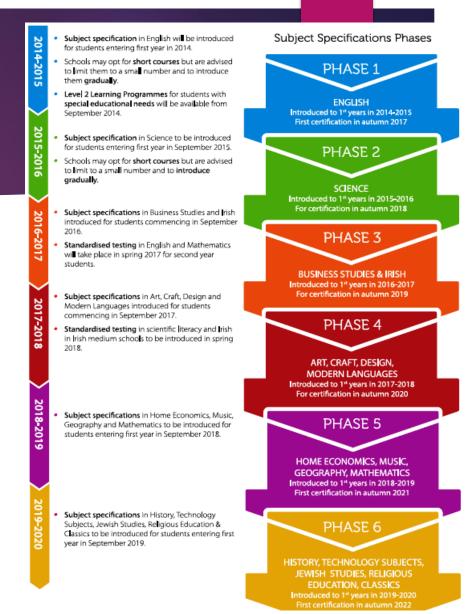
in variety of content and presentation.



Junior Cycle from September 2018 onwards

www.curriculumonline.ie* **NEW JUNIOR CYCLE** FRAMEWORK:

English, Science, Business, Gaeilge, French, German, Art, Home Economics, Music, Geography, Mathematics – new Junior Cycle courses nationally



History & Technology – older courses TIP FOR PARENTS: Parents may set up their own parental nationally (until Sept 2019)

account to keep up to date with curriculum developments

Wellbeing Programme





CIVIC, SOCIAL & POLITICAL EDUCATION: 1 ST-3RD YEAR



SOCIAL, PERSONAL & HEALTH EDUCATION: 1ST-3RD YEAR



ICT – Microsoft 365, responsible internet & social media use, coding/ programming.



Guidance – study techniques & methods, subject choice, Friends for Life - Life Skills Programme* (*W.H.O. evidence backed support programme)



Choir – performance & teamwork through music & movement

WELLBEING RELATED ACTIVITIES: three-year programme of complementary activities & events. 400 hours of Wellbeing over first three years at our school as per DES guidelines.

TIP FOR PARENTS: Follow us on Twitter @LoretoFermoy for daily school news & updates on curricular, extra- curricular & co-curricular activities





Support from the Guidance Department at Loreto Fermoy



<u>Guidance Counsellors:</u> Jill Gubbins & Irene Ryan <u>guidance@loretofermoy.ie</u> 025-32598



The Role of Guidance Team:

Guidance Counsellors help particularly with:

- Decisions
- Transitions and change
- The main areas we help with are:
- Education
- Personal
- Careers



Guidance on Educational Decisions

Study Skills – how to learn efficiently

- Choices of Subjects for Second Year meeting for parents
- Level of Subject Higher/Ordinary/Foundation
- Senior Cycle Transition Year, LCVP, LCA meeting for parents



Guidance on Career Decisions

- Mostly Senior Cycle but there will be a little in First Year for your daughters
- ▶ Guidance class each week in First Year
- Careers Classes in TY, 5th and 6th Years. Individual Appointments available in these 3 years.
- Career Exhibitions
- Speakers from Colleges etc
- Open Days at Colleges
- Interest and Aptitude Testing



Guidance & Personal Development

- In First Year we mainly help with the transition to secondary school and any problems around settling in
- It's important to remember that it takes time to get used to a new school
- Main areas to be dealt with in Guidance classes:
- Friends for Life Life Skills programme
- Reinforcing study and organisation skills taught in SPHE
- Subject choice for Second Year
- Introduction to career research



Friends for Life – Life Skills Programme

- ► To develop social and emotional competence
- Developed by Australian psychologist Dr. Paula Barrett.
- Evidence based research backs the benefits of this programme
- Endorsed by the World Health Organisation.
- Workbook listed as a school expense as it is only available directly through our school & can only be ordered by trained facilitators of the programme

Research shows that:

- ▶ The programme is effective in reducing and preventing anxiety in young people.
- Resilience skills (i.e. skills to spring back after a difficulty or setback) are developed by this programme



How to Contact Guidance Department

For students

- Career Guidance Offices On First Floor offices clearly marked.
- Ask any teacher just say you'd like to talk to a Guidance Counsellor

For parents

Phone: 025 32598 <u>guidance@loretofermoy.ie</u>

Please note: Any student or parent can make an appointment to speak to one of the Guidance Counsellors about an issue concerning them.



Support at Loreto

<u>Special Educational Needs Co-Ordinator (SENCO):</u> Imelda D'Arcy

Contact: imeldadarcy@loretofermoy.ie



First Year Entrance Test

Used to create mixed ability groups
 Highlights students who may need additional support



The Role of the SEN co-ordinator & SEN Core Team



- Maintaining records of progress relating to these students
- Plan, implement & review Personal Pupil Plan (PPP)
- Facilitate applications for reasonable accommodations in certificate examinations (RACE)
- Facilitate the arrangement of psychological or other assessments as appropriate, of students who have SEN or students about whom an SEN concern has been raised

Sharing information & ensuring a smooth transition for your daughter



Please ensure that you share the following with us if you have not already:

- Education Passports (come from primary school & we visit local primary schools to help prepare for your daughter's arrival at Loreto Fermoy)
- Educational Psychologist's Reports/Assessments
 Medical Information

Communication between parents & school

- VSWare Parent account: access to your daughter's timetable, term reports, personal & household information, school fee payment facility
- Text Message notifications Please keep us informed of mobile number & address changes!
- Phone call to Year Head Please be patient Year Heads teach a full timetable. Inform the office if there is an urgency about speaking to the Year Head.
- Parent/Teacher Meeting Christmas & Summer Reports issued through VSWare account with academic & formative feedback on your daughter's progress
- Care Team Meetings: can be organised if you wish to discuss a particular concern regarding your daughter
- School Journal homework, teacher notes, parent notes
- Twitter: follow us @LoretoFermoy for daily news & updates
- Updated website <u>www.loretofermoy.ie</u>
- Join the Parents' Association! Get involved!



Accessing your VSWare Account

- Username & password will be sent to you by text message in coming weeks.
- Store your username & password in a secure location. Do not share these details with your daughter.

https://vsware.wistia.com/medias/tmb3s409kt

- Instructions on our school website or phone Loreto Fermoy (025-32124) if in need of technical support.
- Access to personal, household, all term reports & your daughter's timetable.

THANK YOU & WELCOME TO LORETO FERMOY



This slideshow will be available for your convenience on our school website: <u>www.loretofermoy.ie</u> Follow us on Twitter: @LoretoFermoy for daily school news & updates

